Stephanie Guerra

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 Although I have only been in speech class for four weeks I have learned a lot about myself and about my strong and weak qualities. I have gained more confidence in public speaking and have learned different techniques in presenting a better speech. I have also learned what not to do when listening and presenting a speech. Some of the things I have learned that are important to do as a speaker are that you should always show up on time, you should dress for success, never talk past your allotted time, come prepared, and you should always speak loud and keep eye contact with your audience. I have also learned ten steps that will help me speak successfully. These steps are to deal with preliminaries, focus on a topic, conduct preliminary research, outline the talk, consider style, deal with visual and audio support, plan introduction, plan conclusion, practice, and finally present the speech. I plan on using these steps in preparing for the speeches that I will present to the class in the future. The class has also helped me to review how to cite sources that I use to prepare for my speeches. I have learned many transitional phrases that may be used to change topics while giving a speech to an audience. My learning techniques, learning attitude, and time management have been effective in this course. I have learned to feel comfortable around my classmates and to not be embarrassed in sharing my opinions to the class. I really like the instructors teaching style and approach to the class. Although the class is at 9am and students are usually tired, the instructor makes the class exciting and active. I enjoy the activities that we did to get to know one another and to improve our learning and communication skills. I also like how the instructor uses power points and examples of previous students’ speeches to teach us different information. She makes it a very enjoyable environment which is good for students who are usually uncomfortable with public speaking. We got to work in groups to prepare a presentation for the class. I thought this was a very good activity because it allowed us to practice our skills and to ease us into public speaking. I also like how we are able to choose our own topics for our persuasive and informative speeches because it allows us to research and discuss a topic that we are interested in learning more about. Our instructor also films us while we speak in front of the class which I like because we can see ourselves after we present and can see our strengths and weaknesses. Although I have only been in speech class for about four weeks, I really enjoy it and look forward to learning more and in presenting my speech.