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CAS 100A Sec 001

Reflective Journal #2

After giving my informative speech, I have learned a lot on my strengths and weaknesses. I have learned that I get nervous when I speak in front of an audience but I did well at overcoming my nervousness. I learned that I am good at citing my sources but I need to stop saying “um” and I need to work on my transitioning. Overall I think I did a pretty good job and I hope to only improve in the future. I have also learned a lot from watching other students give their informative speeches. I have learned that body language and eye contact have a major role in how effective a speech is. I have also learned that voice projection and how prepared a student is also plays a major role. Many of the students in the class did a great job in presenting their speeches but Carmen stood out. Carmen was very passionate about her topic on women abuse. She didn’t read from her slides much because she knew the information that she was taking about. Her power point was very interesting and she did a great job in drawing in her audience. The only advice I would give Carmen is to work on her citations. I think Nakita shows leadership skills as well as Carmen because they are both comfortable in speaking in front of the class. Many students have shown great collaboration skills including Joshua. I feel like most of the students gave helpful evaluations. Carmen gave me a very good evaluation on my strengths and weaknesses.